

October Newsletter, 2014

Domestic Violence Awareness Month

October is National Domestic Violence Awareness Month. It's a time to open our eyes and our ears to the violence that is happening in our neighborhoods, in our communities, within our families, and to our friends. It's a time to remember that Domestic Violence happens year round, not only in October. And a chance to get involved to make a difference in the prevention of domestic violence as well as helping victims become survivors!

In 1981, Unity Day gave way to the first Domestic Violence Awareness Month. Unity Day was created to connect victims with advocates nationwide. As DVAM grew, it has become a month long calendar of events, activities, education, and "uniting" of communities. Unity Day is still celebrated on the first Monday of October. In 2014, it will be on October 6th.

Safe Space will hold many awareness activities and educational opportunities throughout the month of October, beginning on October 1st.

Be sure to check out the calendar at the end of this newsletter for all dates and activities being offered by Safe Space and other agencies who are in support of a violence free

1 in 5 men will experience DV in 1 in 4 women will his lifetime experience DV in her lifetime Children Witnesses are Intimate Partner Violence costs the US over \$8.3 Billion per year! On average a victim will times before leaving for Domestic Violence does not physical abuse—it's emotion al, mental, financial, sexual, and spiritual. It's power and statuses, religions, and ages

Safe Space provides services to men, women, members of the LGBT community and children of all ages. Below is statistical data of services provided from January 1 - September 30, 2014.

Shelter Nights	771
Children Served	54
Clients Served in Shelter	103
Clients Served outside of Shelter	41
Crisis Hotline Calls Received	499



Safe Space, Inc. P.O. Box 594 Butte, MT 59703 (406)782-9807

SHELTER

24 hr. crisis line (406) 782-8511

ADVOCACY

An advocate can help with:

- Locating financial resources
- Court accompaniment
- Brainstorming plans for getting away
- Anticipating legal needs and resources

SAFETY

If you feel unsafe in your home but are not quite ready to leave, call us to discuss safety planning options that might keep you safe until you are ready. Crisis line is available 24 hours/day!

abuser over their victim. Below is the Power & Control Wheel from the Duluth Program Model. Power & Control begins at the center and is identified through the pieces, starting at Intimidation and ending at the outside circle of Physical and Sexual Violence.

VIOLENCE

USING COERCION

IVSICAL & THREATS Making her do illegal things

to hurt her

welfare

POWER

CONTROL

- Threatening to

commit suicide

report her to

- Making her drop changes
- Making and/or carrying out threats to do something

USING ECONOMIC ABUSE

- Preventing her from getting or keeping a job
- Making her ask for money
- Not letting her know about or have access to the family income
 - Taking her money
 - Giving her an allowance

USING INTIMIDATION

- SEXUAT - Making her afraid by using looks, actions, gestures
- Smashing things
- Destroying her property
- Abusing pets
- Displaying weapons

USING EMOTIONAL

ABUSE

- Putting her down - Calling her names
- Making her think she's crazy
- Making her feel bad about herself
 - Playing mind games
 - -Humiliating her
 - Making her feel guilty

USING MALE PRIVELEGE

- Treating her like a servant
- Making all the big decisions
 - Acting like the "King of the Castle"
 - Being the one to define men's and women's

roles

CHILDREN Making her feel guilty about the children

USING

- Using the children to relay messages
- Using visitation to harass her
- FIFSICAL - Threatening to take the children away

USING ISOLATION

- Controlling what she does, who she sees, who she talks to, what she reads, where she goes
 - Limiting her outside involvement
 - Using jealousy to justify actions
- abuse and not taking her concerns about it seriously
- saying the abuse didn't happen
- Shifting responsibility for abusive behavior
- Saying she caused it

MINIMIZING,

DENYING.

BLAMING

Making light of the

MOLENCE

There are many more types of Power & Control Wheels:

Bullying

Pressing Charges

DV & Employment

LGBT Specific

Medical

Mental Health System

Muslim Power

Natural Disasters

Post-Separation

Trafficking

Technology

Teens

Workplace

This list is not all inclusive. These are all made available by the National Coalition Against Domestic Violence:

http://www.ncdsv.org/publications_wheel.html

Safe Space advocates are happy to provide presentations and/or trainings on any topic above, as well as topics related to stalking, sexual violence (including harassment and assaults), age specific topics, and more!

Contact Safe Space to request more information on the type of training or presentation that would be appropriate for your

grams from January 1, 2014 through September 30, 2014 in the following 6 counties: Silver Bow, Deer Lodge, Powell, Granite, and portions of Jefferson and Madison.

Services and Programs of Safe Space

- Emergency 24 hour Crisis Hotline
- 24 hour information hotline
- Emergency 24 hour staffed Shelter
- Emergency food, clothing, toiletries, and financial assistance
- Emergency Transportation
- On-site advocacy with law enforcement, medical facilities and hospitals, court appearances, case management meetings and more
- Assistance in obtaining Orders of Protections and other civil legal resources
- Referrals to multiple collaborating agencies based on the specific needs of the victims
- Weekly support groups
- On-site advocate at Highland Campus
- Community Family Resource Center
- Assistance in obtaining therapy or counseling
- Goal planning, budgeting, and helping to re-learn other life skills

Agencies, Organizations, Programs Safe Space Collaborates with: (not inclusive)

- 4C's
- AWARE
- Community Health Center
- Family Outreach
- Career Futures
- Emergency Food Bank
- Pre-Release
- Western Montana Mental Health Center
- Connections Corrections
- MCDC
- North American Indian Alliance
- Montana Tech University
- Head Start
- YMCA
- BSB Mental Health Team
- St James Hospital & ER
- Public Housing Authority
- Butte Rescue Mission
- Suited for Success
- All Counties Law Enforcement
- All Counties First Responders (EMT)
- Churches
- Indicial System

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Domestic violence is an epidemic that thrives in silence, where no one speaks to stop it. In 2014, Safe Space is challenging you to take the **Purple Pledge!**



By painting your pinkies purple for the month of October, you are changing the silence to be a message to abusers:

Domestic Violence Is Not Welcome Here!

First, Paint Your Pinkies Purple and share your purple fun on our Facebook page.

Then, sign your name to our website confirming that you have taken the Purple Pledge to Stop Domestic Violence.

No donation is required, but every donation received can help to save a life. You can send your donation to

Purple Pledge, P. O. Box 594, Butte, MT 59701

This awareness activity is brought to you by:

P. O. Box 594, Butte, MT 59703

406-782-8511

www.safesnaceonline.org

Take The Purple Pledge at www.safespaceonline.org

With my Purple Pinkie, I pledge to take a stand and speak out against domestic violence;

To be aware of my potential for violence and recognize that violence is never the answer in my relationships;

To not use intimidation, name calling, threats, or manipulation in my relationships;

To respect my partner's right to be in a violence free relationship;

To be violence free and to hold my friends, family, and community to the same standard;

To educate myself and my loved ones on what Power & Control in an abusive relationship looks like;

To not be a silent bystander, but to educate myself on how to speak out safely against domestic violence;

To report domestic violence that I witness to 9-1-1 immediately;

To teach my children and/or children I am a role model to and influence that strength is not violence, power or control;

To further teach my children and/or children I am a role model to and influence about self-esteem and self-worth;

To support my local domestic violence programs whenever I am able, by sharing the information they provide, volunteering or donating in another way; To not in any way commit, condone, or ignore domestic violence in its many forms, including verbal, emotional, mental, physical, and sexual.

I further pledge that I will share this challenge with those I know and ask them to also speak out against domestic violence in our community by painting their pinkies purple and honoring the Purple Pledge.

October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Take the	Purple Pledge	at	1	International	3	4
Www.sa	fespaceonline.c	org!	11a-1pm Mon-	Day 2	5:30 PM—	Schedule a DV
			tana Tech Volun- teer Fair	of Non- Violence .	Volunteer Meeting@ Ja-	presentation for you staff
			4pm Women's	The Silent Wit-	cobs House	or organiza-
			Group	nesses Arrive in		tion by calling
5	Unity Day 6	7	SAVE Day! 8	9	10	11
	Silent Witnesses		4pm Women's Group	5:30 PM— Volunteer		
	arrive at High-		Group	Meeting@ Ja-		
	land Campus!			cobs House		
12	13	14	15	16	17	18
	Columbus Day	Silent Witness-	4pm Women's	5:30 PM—		
		es arrive at Montana Tech	Group	Volunteer Meeting@ Ja-		
		Campus!		cobs House		
19	20	21	22	23	24	25
			4pm Women's			
			Group			
26	27	28	29	30	31	Donate
	5:30 PM—		4pm Women's	14th Annual	Happy Hallow-	new socks
	Volunteer Monthly Social		Group 5pm—Set up for	Officer of the Year Award	een Noon— Clean up after	to warm
	at		Dinner on 24th—	(Dinner)	Dinner event—	the feet
	Jacobs House		Calling all volun-		Calling all volun-	and hearts